

**AY 2024-25**



## **ANNUAL & ACTIVITY REPORT**

### **FORUS HEALTH AND EDUCATIONAL TRUST**

**Regd. Office** – 37, Sundarraj Nagar , Subramaniyapuram Trichy  
District , Tamilnadu – 620020

**Contact No** - : +91 9488912968

**Email id** - [forustrust@gmail.com](mailto:forustrust@gmail.com)

**Web** - [forustrust.blogspot.com](http://forustrust.blogspot.com)



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## Chief Executive's Message



**Dear Members and Well-wishers,**

Forus Health and Educational Trust has been working steadfastly toward its mission of promoting education, rural development, women's empowerment, environmental protection, healthcare, livelihood support, and other social welfare initiatives since its inception.

It gives me immense pleasure to present the Annual Report of Forus Health and Educational Trust for the year 2024–25. Our organization continues to function with a strong commitment to professional service delivery and community-centered governance. Since its establishment, the Trust has remained dedicated to supporting remote and grassroots communities, striving to ensure dignified living conditions and improved access to essential services.

Forus Health and Educational Trust is a non-profit organization based in Tamil Nadu, with its registered office in the state. Over the years, the Trust has built significant experience in community development initiatives, particularly in areas related to health, education, women's empowerment, livelihood support, and social awareness. Through sustained efforts, the organization has worked towards safeguarding the rights and well-being of vulnerable populations and strengthening community resilience.

During the reporting year, we observed encouraging improvements in the efficiency and reach of our programmes. The organization has also explored new focus areas based on field research, community needs assessments, and stakeholder consultations. These developments have enabled us to expand our outreach and enhance the impact of our initiatives.

We remain grateful for the continued support of our donors, partners, volunteers, and community members. With your encouragement, Forus Health and Educational Trust will continue to work with dedication and compassion in the years ahead, striving to bring positive change, dignity, and opportunities to the communities we serve.

**With sincere thanks and regards,**  
*Managing Trustee*  
Forus Health and Educational Trust

# NGO DETAILS



## FORUS HEALTH AND EDUCATIONAL TRUST

### ORGANIZATION PROFILE

No	Particulars	Remarks
1.	Name of Organization	FORUS HEALTH AND EDUCATIONAL TRUST
2.	Address of Organization with Pincode	37, Sundarraaj Nagar, Subramaniyapuram, Trichy District, Tamilnadu – 620020
3.	Registration No (DD-MM-Year)	2591 (25-05-2018)
4.	Email	forustrust@gmail.com
5.	Website	www.forustrust.blogspot.com
6.	Mobile	9488912968
7.	Name of the Chief Functionary & Designation	Dr. Syed Sameer S Managing Trustee
8.	NGO Pan No	AAATF7073J
9.	Name of Bank	Federal Bank
10.	Address of Branch	Account Number: 24000100018110 Branch Name: K K Nagar, Trichy
11.	Account No	IFSC: FDRL0002400
12.	IFSC Code	
13.	12A registration No	AAATF7073JE20251
14.	80G Registration No	AAATF7073JF20251
15.	FCRA No	Not applicable
16.	NGO Dharpan Unique ID	TN/2025/0586142
17.	Udyam Registration ID	UDYAM-TN-27-0112634
18.	e-Anudan Registration ID	TN/00043138
19.	CSR-1 Registration number	CSR00090008
20.	Working Field	<ul style="list-style-type: none"><li>• Healthcare</li><li>• Special children</li><li>• Mental health</li><li>• AYUSH</li><li>• Education</li><li>• Rural empowerment</li></ul>

**37, SUNDARRAJ NAGAR, SUBRAMANIYAPURAM, TRICHY-620020**

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# CSR-1 REG CERTIFICATE



GOVERNMENT OF INDIA  
MINISTRY OF CORPORATE AFFAIRS  
OFFICE OF THE REGISTRAR OF COMPANIES

Dated : 04-04-2025

NOTE - THIS LETTER IS ONLY AN APPROVAL FOR REGISTRATION OF THE ENTITIES FOR UNDERTAKING CSR ACTIVITIES.

To,  
FORUS HEALTH AND EDUCATIONAL TRUST , NO.37,Sundarraaj  
Nagar,Subrmaniyapuram ,Trichy,TIRUCHIRAPPALLI,TN20,TN,620020

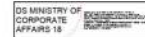
PAN : AAATF7073J

**Subject:** In Reference to Registration of Entities for undertaking CSR activities

**Reference:** Your application dated 04-04-2025 (SRN-N30051338)

Sir/Madam,

With reference to the above, it is informed that the entity has been registered for undertaking CSR activities and the Registration number is CSR00090008. Please refer the registration number for any further communication.



Registrar of Companies

ROC-DELHI

**Note:** The corresponding form has been approved and this letter has been digitally signed through a system generated digital signature.

# NGO DARPAN CERTIFICATE



**NITI Aayog**

(National Institution for Transforming India)  
Government of India

## *Certificate of Registration*

To

**FORUS HEALTH AND EDUCATIONAL TRUST**

Registration with NGO Darpan Portal offered by the NITI Aayog in association with National Informatics Centre to bring greater partnership between government & voluntary sector and foster better transparency, efficiency and accountability. With

**Unique ID is : TN/2025/0586142**



# FINANCIAL OF NGO

## FORUS HEALTH AND EDUCATIONAL TRUST

37, SUNDARRAI NAGAR, Subramaniapuram S.O (Tiruchirappalli), TIRUCHIRAPPALLI, 620020, Tamil Nadu, INDIA

### INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31st MARCH 2025

EXPENDITURE	AMOUNT	INCOME	AMOUNT
<b>ESTABLISHMENT EXP.</b> (As per Details in Receipt & Payment A/C)	118136.31	DONATION RECEIPTS	210925.00
<b>ACTIVITIES EXP.</b> (As per Details in Receipt & Payment A/C)	199205.00	MEMBER CONTRIBUTION	81125.00
Depreciation	4708.69	MISC. INCOME	32450.00
AUDIT FEES	3000.00	Excess of Expenditure over Income Transferred to Balance Sheet.	550.00
<b>TOTAL</b>	<b>325050.00</b>	<b>TOTAL</b>	<b>325050.00</b>

for Jain Nitesh & Associates

FOR FORUS HEALTH AND EDUCATIONAL TRUST

Chartered Accountant

(PRESIDENT/SECRETARY)

DATE - 14/06/2025



CA Nitesh Kumar Jain  
M. No. 446567  
FRN- 029748C

# PAN OF NGO

आयकर विभाग  
INCOME TAX DEPARTMENT



भारत सरकार  
GOVT. OF INDIA

स्थायी लेखा संख्या कार्ड  
Permanent Account Number Card  
AAATF7073J



नाम / Name

FORUS HEALTH AND EDUCATIONAL TRUST

निगमन / गठन की तारीख

Date of Incorporation/Formation

25/05/2018

# ACTIVITIES DETAILS

## A. Health Check-Up Camps

### **Geographic Expansion & Outreach**

During FY 2024–25, the Trust expanded its preventive healthcare initiatives across Kurinjipadi, Trichy, Rasipuram, and Erode, strengthening access to early screening and health awareness among underserved communities.

### **School Health Screening Initiatives**

School-based eye and dental screening camps were conducted in Trichy and Rasipuram, focusing on students from economically weaker backgrounds. These programs enabled early identification of vision and oral health concerns and included awareness sessions on hygiene, nutrition, and preventive care. Students requiring further evaluation were guided for appropriate follow-up.

### **Community Health Check-Up Camps**

Free general health camps were organized in villages and urban communities across Kurinjipadi, Erode, and parts of Trichy district. Qualified doctors and volunteers provided consultations, screened for common conditions such as hypertension and diabetes indicators, and offered primary health guidance and referrals.

### **AYUSH & Holistic Wellness Programs**

Wellness camps integrating AYUSH, Homeopathy, and Yoga were conducted in Erode and Rasipuram. These programs emphasized preventive healthcare, stress management, lifestyle modification, and holistic well-being practices.

### **Volunteer Engagement & Documentation**

Dedicated volunteers supported all camps through structured registration, vital screening (BP, pulse, temperature, BMI), and systematic documentation, ensuring organized service delivery and proper record maintenance.

### **Youth & College Health Awareness**

Health awareness programs in colleges across Trichy and Erode addressed mental health, nutrition, lifestyle disorders, and substance abuse prevention, encouraging youth to adopt proactive health practices.

### **Community Street Plays for Social Awareness**

During the reporting year, the Trust used cultural outreach as a tool for behavioral change across Kurinjipadi, Trichy, Rasipuram, and Erode. Street plays were conducted in schools and public spaces to raise awareness on personal hygiene, importance of education, and prevention of drug and substance abuse. Performed in local languages, these interactive sessions encouraged strong community participation and helped communicate key social messages in an engaging and relatable manner.

### **Inter-School Competitions on Health & Safety**

Inter-school competitions including debates, quizzes, skits, and elocution contests were organized to involve students in discussions on health, safety, and social responsibility. These activities encouraged leadership, teamwork, and awareness while reinforcing the importance of healthy and responsible lifestyles among school-going children.

### **Cultural Evenings with Social Themes**

Cultural programs featuring music, dance, and drama were conducted to highlight themes such as women's empowerment, mental health awareness, environmental responsibility, and community harmony. These events served as platforms to engage families, youth, and local communities in meaningful dialogue through creative expression.

### **Poster-Making & Public Art Campaigns**

Poster-making competitions and art displays were organized in educational institutions and community centers to promote messages on cleanliness, nutrition, disease prevention, and mental well-being. The displayed artwork served as visual reminders encouraging positive health and social behaviors.

### **Digital Engagement & Online Campaigns**

To reach a wider audience, the Trust conducted online contests, awareness campaigns, and short-form video initiatives promoting health awareness, education, and civic responsibility. These digital efforts helped engage youth volunteers and extend outreach beyond physical program locations.

Overall, cultural and creative platforms were effectively used during 2024–25 to strengthen awareness on public health, education, and social responsibility, complementing the Trust's community health and outreach initiatives.

## C. Food and Cloth Distribution

### **Food & Clothing Distribution for Vulnerable Communities**

During the reporting year, the Trust undertook multiple food and clothing distribution initiatives across Kurinjipadi, Trichy, Rasipuram, and Erode to support vulnerable populations affected by poverty, homelessness, seasonal hardship, and emergencies. These programmes aimed to address immediate humanitarian needs while promoting compassion, dignity, and community participation.

### **College Donation Drives & Youth Engagement**

In collaboration with colleges and youth groups, donation drives were organized for food packets, dry rations, and clothing. Student volunteers actively participated in collection, sorting, and distribution activities, fostering social responsibility and community awareness among young people.

### **Community Collection Points**

Volunteer-managed collection points were established in residential areas and housing societies to encourage public participation. Donated clothes, blankets, and food materials were systematically sorted and distributed to families and individuals in need, ensuring transparency and proper utilization of resources.

### **Night Outreach for the Homeless**

Night-time distribution drives were conducted in urban locations to support homeless individuals and daily wage workers. Volunteers distributed freshly prepared meals, dry food packets, and essential items with dignity and care, ensuring support reached those most in need during late hours.

### **Festival Relief Initiatives**

Special distribution drives were organized during major festivals such as Diwali and Pongal, providing festive food kits, groceries, and clothing to underprivileged families. These initiatives helped promote inclusivity and enabled marginalized communities to celebrate with dignity.

### **Emergency Relief Support**

During periods of local emergencies and seasonal challenges, the Trust distributed basic relief kits containing food essentials, clothing, and hygiene items to affected families, supporting them during times of immediate need.

Overall, these humanitarian initiatives strengthened community solidarity and provided timely relief to vulnerable populations across the Trust's areas of operation during 2024–25.

## D. Women Empowerment Initiatives

### **Health & Hygiene Awareness for Adolescent Girls**

During the reporting year, the Trust implemented focused women empowerment programmes across Kurinjipadi, Trichy, Rasipuram, and Erode, with special emphasis on adolescent girls and women from underserved communities. Menstrual hygiene awareness sessions were conducted in rural schools to promote safe practices, reproductive health awareness, and confidence in discussing menstrual health. Informational materials and basic hygiene support were provided to reinforce learning and encourage healthy habits.

### **Skill Development & Livelihood Support**

To enhance economic self-reliance, tailoring and handicraft training workshops were organized for women. Participants received practical training in basic stitching and craft skills aimed at supporting home-based livelihood opportunities. Selected participants were provided with basic skill kits to encourage continued practice and income-generation initiatives.

### **Leadership & Capacity Building for Young Women**

Leadership and personality development sessions were conducted in girls' colleges across Trichy and Erode. These sessions focused on communication skills, confidence building, career awareness, and decision-making. The initiative aimed to encourage young women to actively participate in education, employment, and community leadership roles.

### **Safety Awareness & Community Engagement**

Volunteer-led information booths were set up during community programmes to share details on women's safety resources, helplines, and support systems. Awareness walks and small-group sessions were conducted to promote gender equality, safety, and mutual respect within communities.

### **Digital Outreach & Webinars**

Online awareness sessions and webinars were organized to extend outreach on women's health, mental well-being, nutrition, stress management, and personal safety. These sessions enabled participation from students and women across different locations and encouraged continued dialogue on women's empowerment.

Overall, the Trust's women-focused initiatives during 2024–25 contributed to improving health awareness, confidence, skill development, and safety consciousness among women and adolescent girls across its areas of operation.

## F. AIDS Awareness Campaigns

### **Red Ribbon Awareness in Colleges**

During the reporting year, the Trust conducted HIV/AIDS awareness initiatives across Kurinjipadi, Trichy, Rasipuram, and Erode, focusing on youth education and stigma reduction. Red Ribbon observance programmes were organized in colleges, featuring awareness talks, interactive sessions, red ribbon distribution, and student pledges promoting safe practices and non-discrimination towards people living with HIV/AIDS.

### **Peer Education in Schools**

Peer-led awareness sessions were conducted in higher secondary schools to promote accurate knowledge about HIV transmission, prevention, and the importance of early testing. Trained student volunteers facilitated discussions in a relatable and open format, encouraging informed and responsible health behavior among adolescents.

### **Social Media Myth-Busting Campaigns**

Digital awareness campaigns were launched through posters and short messages addressing common myths and misconceptions about HIV/AIDS. These efforts helped disseminate factual information and reach a wider youth audience through accessible online platforms.

### **World AIDS Day Observances**

World AIDS Day was marked through candlelight gatherings, public talks, and awareness activities to promote compassion, early diagnosis, and treatment awareness. Medical professionals and volunteers emphasized the importance of empathy and continued public education.

### **Youth Interaction & Q&A Sessions**

Interactive Q&A sessions led by youth volunteers provided safe spaces for participants to clarify doubts related to HIV/AIDS, testing, and prevention. These discussions helped reduce stigma and encouraged responsible, informed decision-making among young people.

Overall, the Trust's HIV/AIDS awareness efforts during 2024–25 strengthened knowledge, reduced stigma, and promoted preventive health practices among students and community members across its outreach locations.

# G. Rural Development Programmes

## **Education Support in Rural Schools**

During the reporting year, the Trust implemented rural development activities across Kurinjipadi, Trichy, Rasipuram, and Erode, focusing on education, sanitation, and community participation. School kit distribution drives were conducted in rural schools to support children from economically weaker families. Basic learning materials such as notebooks, stationery, and school bags were provided to encourage regular attendance and reduce the financial burden on parents.

## **Safe Water & Hygiene Awareness**

Water purification awareness sessions and demonstrations were organized in village panchayats to promote safe drinking water practices. Community members were educated on simple purification methods, safe storage, and prevention of water-borne diseases, encouraging adoption of hygienic practices at the household level.

## **Village Cleanliness & Community Participation**

Cleanliness drives were conducted in collaboration with local youth and volunteers, focusing on public space cleaning, waste management awareness, and promotion of sanitation practices. These activities strengthened community ownership and environmental responsibility within villages.

## **School Infrastructure Support**

The Trust supported minor renovation and painting activities in selected rural schools to improve classroom environments. Volunteers and community members participated in painting, basic repairs, and upkeep, contributing to safer and more welcoming learning spaces for children.

## **Volunteer Immersion & Rural Engagement**

Volunteer immersion and rural internship initiatives enabled students and youth volunteers to engage with village communities through education support, health awareness, and community interaction. These experiences encouraged civic responsibility while strengthening grassroots outreach.

Overall, the Trust's rural development efforts during 2024–25 contributed to improving educational support, sanitation awareness, and community engagement across its rural intervention areas.

## H. Road Safety Awareness Drives

### **Public Awareness Rallies**

During the reporting year, the Trust conducted road safety awareness programmes across Kurinjipadi, Trichy, Rasipuram, and Erode to promote responsible road usage and accident prevention. Public rallies were organized in market areas, school zones, and community spaces, where volunteers carried placards highlighting messages on speed control, pedestrian safety, helmet use, seat belts, and adherence to traffic signals.

### **Helmet Safety Campaigns for Youth**

Helmet awareness drives were conducted near colleges and educational institutions, targeting young two-wheeler riders. Volunteers interacted with students and commuters to emphasize the importance of wearing helmets and following traffic regulations. These efforts aimed to encourage safer riding habits and reduce risk among youth.

### **First Aid & Emergency Response Awareness**

First aid demonstration booths were set up in selected public locations to educate citizens on basic emergency response techniques. Volunteers demonstrated essential first aid steps, including handling minor injuries and responding safely during road accidents, helping build community preparedness.

### **Digital Campaigns & Youth Engagement**

Online campaigns and creative digital activities were conducted to extend outreach on road safety. Social media initiatives encouraged youth participation and helped spread awareness messages on safe driving, helmet usage, and responsible road behavior.

### **Interactive Public Engagement**

Interactive activities such as quizzes and awareness interactions in public spaces were organized to reinforce key traffic rules and safe practices. These initiatives aimed to create lasting awareness and encourage responsible behavior among pedestrians and motorists.

Overall, the Trust's road safety initiatives during 2024–25 contributed to strengthening public awareness on traffic discipline, personal safety, and accident prevention across its areas of outreach.

# I. Human Rights Awareness Activities

During the reporting year, Forus Health and Educational Trust organized comprehensive Human Rights Awareness Activities to promote understanding, equality, and respect for fundamental rights among students, youth, and the wider community. These initiatives aimed to strengthen democratic values, social inclusion, and responsible citizenship in alignment with the principles of the Indian Constitution.

## **Educational Sessions on Human Rights in Schools and Colleges**

The Trust conducted educational sessions in schools and colleges to create awareness about fundamental rights, duties, gender equality, child rights, and social justice. Interactive lectures, case discussions, and question-answer sessions helped students understand their rights and responsibilities as informed citizens.

## **Social Justice Wall Art Projects with Volunteers**

Creative expression was encouraged through social justice wall art and mural projects, executed with the support of student and youth volunteers. These artworks conveyed powerful messages on equality, inclusion, anti-discrimination, and dignity, transforming public spaces into platforms for awareness and reflection.

## **Campaigns and Online Reels for Constitution Day**

On the occasion of Constitution Day, the Trust launched digital campaigns and short educational reels highlighting constitutional values, fundamental rights, and democratic ideals. These online initiatives reached a wide audience, especially youth, reinforcing respect for the Constitution and rule of law through engaging content.

## **Disability Rights Awareness Events with Public Performances**

To promote inclusivity, disability rights awareness programmes were organized, featuring public performances, skits, and talks. These activities highlighted accessibility, equal opportunity, and empathy towards persons with disabilities, encouraging a more inclusive and sensitive societal approach.

## **Panel Discussions Involving Social Activists**

The Trust hosted panel discussions and open forums involving social activists, legal experts, educators, and community leaders. These discussions addressed contemporary human rights challenges, grassroots solutions, and the role of citizens in upholding justice and equality.

## J. Old Age & Handicapped Welfare Initiatives

During the reporting year, Forus Health and Educational Trust implemented dedicated Old Age and Handicapped Welfare Initiatives with the objective of enhancing dignity, inclusion, mobility, and emotional well-being of senior citizens and persons with disabilities. These programmes focused on care, companionship, accessibility, and social awareness.

### **Volunteer Cultural Visits to Old-Age Homes**

The Trust organized regular volunteer visits to old-age homes, where cultural activities such as music, storytelling, games, and interactive sessions were conducted. These visits provided emotional support, reduced loneliness, and fostered meaningful intergenerational connections between volunteers and elderly residents.

### **Wheelchair Donation and Mobility Support Camps**

To improve mobility and independence, the Trust conducted wheelchair distribution and mobility support camps for persons with disabilities and elderly individuals with limited movement. Beneficiaries were guided on proper usage and basic maintenance, enabling them to lead safer and more independent lives.

### **Mental Wellness and Memory Games for Senior Citizens**

Recognizing the importance of mental health in ageing, mental wellness sessions and memory-based activities were organized for senior citizens. Activities such as puzzles, group discussions, light exercises, and mindfulness practices helped stimulate cognitive function and promote emotional well-being.

### **Campaigns Highlighting Elder Abuse Prevention**

The Trust carried out awareness campaigns on elder abuse prevention, focusing on respect, legal rights, and support mechanisms for senior citizens. Informational talks and community outreach efforts encouraged families and caregivers to adopt compassionate and protective attitudes towards the elderly.

### **Buddy Programs Pairing Volunteers with Disabled Children**

To promote inclusion and personalized care, buddy programmes were initiated, pairing trained volunteers with children with disabilities. These volunteers provided learning support, companionship, and recreational engagement, fostering confidence, social skills, and emotional security among the children.

## K. Youth Awareness Campaigns

During the reporting year, Forus Health and Educational Trust conducted focused Youth Awareness Campaigns to empower young individuals with knowledge, skills, and emotional resilience. These initiatives aimed at career readiness, personal development, mental well-being, and social responsibility, enabling youth to make informed life choices and contribute positively to society.

### **Career Guidance and Soft Skills Workshops in Government Schools**

The Trust organized career guidance and soft skills workshops in government schools to support students from underserved backgrounds. Sessions covered career options, goal setting, communication skills, teamwork, and time management. Career counselors and trained volunteers guided students in understanding their strengths and future pathways.

### **Resume-Building Sessions for College Students**

Recognizing the importance of employability skills, resume and CV-building sessions were conducted for college students. Participants received practical guidance on resume structuring, interview preparation, and professional presentation. These sessions helped students improve confidence and readiness for job opportunities and internships.

### **Anti-Drug Campaigns in Educational Institutions**

The Trust conducted anti-drug awareness campaigns in schools and colleges to educate youth on the harmful effects of substance abuse. Interactive talks, poster displays, and student-led discussions emphasized prevention, healthy alternatives, and the importance of seeking help when needed.

### **Mental Health Mentoring Programs for Youth**

Mental health mentoring programmes were introduced to support youth facing academic pressure, anxiety, and emotional challenges. Trained mentors and counselors conducted group discussions and one-on-one interactions, promoting self-awareness, coping strategies, and emotional well-being in a safe and supportive environment.

### **Online Q&A Sessions on Exam Stress Management**

To extend outreach, the Trust hosted online Q&A sessions focusing on exam stress management. Experts addressed topics such as stress reduction techniques, study planning, mindfulness, and work-life balance. These digital sessions enabled participation from students across diverse locations.

## L. Skill Development Initiatives

During the reporting year, Forus Health and Educational Trust implemented targeted Skill Development Initiatives to enhance employability, promote self-reliance, and encourage entrepreneurship among youth and women. These programmes focused on practical, market-relevant skills and digital empowerment to support sustainable livelihoods.

### **Skill Training Workshops (Tailoring, Mobile Repair)**

The Trust organized skill training workshops in areas such as tailoring and basic mobile repair. These hands-on sessions equipped participants with technical skills that can be utilized for self-employment or entry-level jobs. Practical demonstrations and supervised practice ensured skill retention and confidence among beneficiaries.

### **Digital Literacy Classes Conducted by Volunteers**

To bridge the digital divide, digital literacy classes were conducted by trained volunteers. Participants were introduced to basic computer operations, smartphone usage, online services, and digital safety. These sessions empowered individuals to access information, government schemes, and employment opportunities more effectively.

### **Entrepreneurship Success Stories for Inspiration**

Motivational entrepreneurship interaction sessions were held where local entrepreneurs shared their success stories and challenges. These real-life experiences inspired participants to explore entrepreneurial pathways, understand risk management, and develop problem-solving mindsets.

### **Women's Self-Help Group Marketing Support Programmes**

The Trust supported women's self-help groups (SHGs) through marketing assistance programmes. Women were guided on product presentation, pricing strategies, basic branding, and local market linkages. This support enhanced income-generation opportunities and strengthened collective entrepreneurship.

### **Micro Skill Competitions in Colleges**

To encourage innovation and practical learning, micro skill competitions were organized in colleges. Events such as quick repair challenges, digital tasks, and creative skill showcases motivated students to apply their learning, enhance problem-solving abilities, and build confidence.

Through these comprehensive skill development efforts, Forus Health and Educational Trust contributed to creating a skilled, digitally empowered, and self-reliant workforce.

## M. Sanitation and Hygiene Programmes

During the reporting year, Forus Health and Educational Trust implemented comprehensive Sanitation and Hygiene Programmes to promote clean surroundings, healthy habits, and disease prevention among children, youth, and marginalized communities. These initiatives focused on awareness, practical training, and community participation to encourage long-term behavioral change.

### **Toilet Maintenance and Hygiene Training in Schools**

The Trust conducted toilet maintenance and hygiene training sessions in schools to educate students and staff on proper sanitation practices. Sessions covered safe toilet usage, cleaning routines, water conservation, and waste disposal methods. These efforts helped improve school sanitation standards and ensured safer learning environments for children.

### **Child-Led Handwashing Demonstration Events**

To instill healthy habits from an early age, child-led handwashing demonstrations were organized in schools and community spaces. Students actively participated in demonstrating correct handwashing techniques using soap and water, reinforcing the importance of hygiene in preventing infections and communicable diseases.

### **Slum Clean-Up Drives with Local Youth Groups**

The Trust organized slum clean-up drives in collaboration with local youth groups and volunteers. Activities included cleaning public spaces, awareness interactions with residents, and guidance on waste segregation. These drives promoted community ownership, environmental responsibility, and improved sanitation conditions in densely populated areas.

### **Art Installations Using Recycled Waste Materials**

Creative awareness was promoted through art installations made from recycled waste materials. Volunteers and students collaborated to create visual displays conveying messages on cleanliness, recycling, and sustainable living. These installations served as engaging educational tools and encouraged responsible waste management practices.

### **Hygiene Education Reels on Social Media Platforms**

To expand outreach, the Trust launched hygiene education reels and digital content on social media platforms. Short videos focused on hand hygiene, toilet cleanliness, waste management, and personal sanitation, effectively reaching youth and urban audiences with simple, actionable messages.

# All Activities photos





# **SUSTAINABLE DEVELOPMENT GOALS**

Activities undertaken by Forus Health and Educational Trust during the reporting year demonstrate strong alignment with the United Nations Sustainable Development Goals (SDGs). Through integrated programmes in health, education, skill development, and community empowerment, the Trust actively contributed towards inclusive and sustainable development.

## **SDG 3: Good Health and Well-Being**

The Trust's programmes significantly supported SDG 3, which focuses on ensuring healthy lives and promoting well-being for all at all ages. Through health check-up camps, AIDS awareness campaigns, sanitation and hygiene programmes, road safety awareness drives, mental health mentoring, and women's health initiatives, the Trust promoted preventive healthcare, early detection, and health education. AYUSH and wellness camps, menstrual hygiene awareness, and first aid training further strengthened community capacity to adopt healthy lifestyles. These initiatives improved access to basic health services, reduced health-related risks, and enhanced overall physical and mental well-being among beneficiaries.

## **SDG 4: Quality Education**

The Trust made meaningful contributions towards SDG 4 by promoting inclusive, equitable, and quality education. Activities such as school kit distribution, hygiene and health education in schools, career guidance workshops, youth awareness programmes, and rural school infrastructure improvement helped improve learning environments and student participation. Educational sessions on human rights, road safety, sanitation, and social responsibility complemented formal education by building life skills, awareness, and civic values among students and youth.

## **SDG 8: Decent Work and Economic Growth**

In alignment with SDG 8, the Trust focused on enhancing employability, entrepreneurship, and economic self-reliance through skill development initiatives. Tailoring and mobile repair workshops, digital literacy programmes, women's self-help group marketing support, resume-building sessions, and entrepreneurship exposure activities equipped beneficiaries with practical, market-relevant skills. These efforts supported income generation, promoted decent work opportunities, and contributed to sustainable economic growth and decent work.

# The Forus Trust: 2024–2025 Social Impact Report

Building Healthy, Educated & Empowered Communities Across Tamil Nadu

## IMPACT NUMBERS



**500+**  
Children  
Supported

Focused on education, school kit distribution, and rural school health screenings.



**1,000+**  
Community  
Members Reached

Participants in health and awareness camps across four major Tamil Nadu regions.



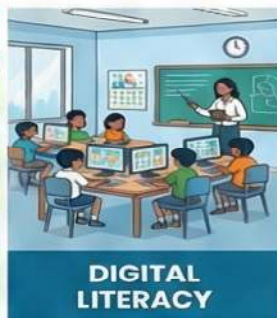
**200+ Women  
& 200+ Youth  
Empowered**

Beneficiaries of skill training, leadership sessions, and livelihood support.

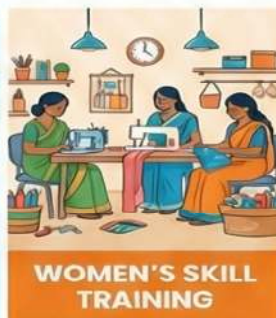
## PROGRAMME JOURNEY IN IMAGES



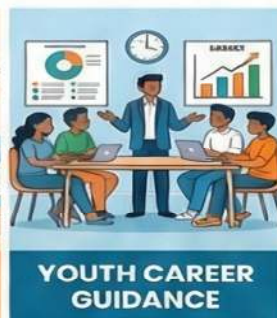
MOBILE HEALTH CAMPS



DIGITAL LITERACY



WOMEN'S SKILL TRAINING



YOUTH CAREER GUIDANCE



ELDERLY SUPPORT SERVICES

## CORE PROGRAMME AREAS & GEOGRAPHIC FOCUS



### HEALTH & PREVENTIVE CARE

- Providing dental screenings, medical camps, and mental health awareness for rural villages.
- **Focus Regions:** Kurinjipadi, Trichy (Health Screenings)



### EDUCATION & YOUTH DEVELOPMENT

- Improving employability through career guidance, digital literacy, and soft skills workshops.
- **Focus Regions:** Kurinjipadi, Trichy (Youth Development)



### COMMUNITY & RURAL WELFARE

- Driving hygiene education, women's livelihood training, and elderly support services.
- **Focus Regions:** Rosipuram, Erode (Women Empowerment & Rural Sanitation)

## Final Conclusion & Way Forward

The reporting year marked a significant phase of growth, outreach, and impact for Forus Health and Educational Trust. Through dedicated efforts, strategic partnerships, and committed volunteers, the Trust successfully addressed critical social challenges related to health, education, sanitation, women empowerment, youth development, and human rights.

The Trust's programmes reflected a strong alignment with national development priorities and community needs, emphasizing prevention, awareness, inclusion, and empowerment. By adopting participatory models and leveraging youth and volunteer involvement, the Trust ensured that its initiatives were both impactful and sustainable.

### Way Forward

Looking ahead, Forus Health and Educational Trust aims to:

- Expand programme coverage to additional rural and underserved regions
- Strengthen impact measurement and data-driven reporting
- Deepen collaborations with CSR partners, institutions, and local bodies
- Introduce advanced skill development and livelihood-linked programmes
- Enhance digital outreach for wider awareness and beneficiary engagement

The Trust remains committed to continuous improvement, transparency, and responsible governance while scaling its social impact. With sustained support from stakeholders and communities, Forus Health and Educational Trust looks forward to creating deeper, long-lasting change and contributing meaningfully to inclusive and sustainable development.



## ACKNOWLEDGMENT



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THANK  
YOU!