

ANNUAL AND ACTIVITY REPORT

AY 2023-24



FORUS HEALTH AND EDUCATIONAL TRUST

We Serve to every needy...!

We do a lot of things! Spreading Happiness
is involved in each one of those. Educate.
Inspire. Spread Happiness!

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Chairman Message

It gives me pleasure to present the Annual Report of our organization. The past year was a challenging one for us, and our overall performance was limited due to operational constraints and gaps in documentation and coordination. While we continued to support grassroots communities and maintain essential activities, we acknowledge that the scale and impact of our work were lower than expected.

This year has highlighted the need to strengthen our internal systems, especially in planning, monitoring, and documentation. We are committed to learning from these limitations and improving our processes in the coming years so that our efforts are more effective, accountable, and well-recorded.

I thank our supporters, partners, and team members for standing by the organization during this period. With renewed focus and better systems, we look forward to rebuilding momentum and serving communities more effectively in the years ahead.

NGO PAN CARD

आयकर विभाग
INCOME TAX DEPARTMENT



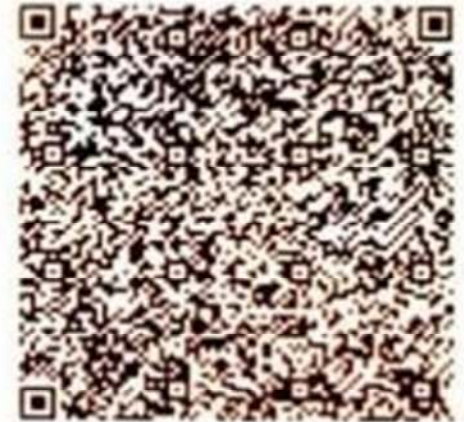
भारत सरकार
GOVT. OF INDIA

स्थायी लेखा संख्या कार्ड
Permanent Account Number Card

AAATF7073J

नाम / Name

FORUS HEALTH AND EDUCATIONAL TRUST



निगमन / गठन की तारीख

Date of Incorporation/Formation

25/05/2018

ACTIVITIES AND PERFORMANCES

1. HEALTH CAMP (CHECKUP, TREATMENT AND MEDICINE DIST.)

- Health camps conducted across **Trichy, Senthamangalam, Nadukombai, Kurinjipadi, Vadalur, and Rasipuram.**
- Free check-ups: BP, sugar, BMI, general consultation.
- Medicines distributed and referrals provided for further treatment.
- Focus on elderly, women, labourers, and low-income families.
- Awareness given on hygiene, nutrition, and lifestyle disease prevention.



2. Culture Programme (Women's Day, Pongal & Diwali Celebrations)

- Cultural and awareness events held in **Trichy, Namakkal, Nadukombai, Vadakuthu.**
- Women's Day programmes with motivational talks and recognition of women local leaders.
- Pongal & Diwali celebrations with underprivileged families.
- Cultural activities combined with health, hygiene, and social awareness messages.
- Strengthened community bonding and inclusiveness.



3. Food & Cloth Distribution

- Regular distribution drives across **Mandurai, Erode, Vadalur, Nadukombai, Senthamangalam.**
- Cooked meals and dry ration kits provided to needy families.
- Special festival distribution during Pongal and Diwali.
- Cloth donation drives including seasonal clothing and blankets.
- Active volunteer and youth participation.



4. Women Empowerment: Skill Development & Financial Literacy

- Programmes conducted in **Namakkal, Rasipuram and Senthamangalam.**
- Skill training in tailoring, handicrafts and small enterprises.
- Financial literacy on savings, banking and government schemes.
- Encouraged SHG participation and income generation.
- Promoted confidence and economic independence.



5. Rural Development Programme: Awareness Initiatives

- Awareness activities in **Mathur, Nadukombai and Kurinjipadi**.
- Sessions on sanitation, education, health and welfare schemes.
- Community meetings and youth volunteer engagement.
- Promoted village participation and informed decision-making.



6. Old Age & Handicapped Welfare Programme: Health Camps

- Special camps organized in **Trichy, Vadalur and Rasipuram**.
- Free medical check-ups and medicine support.
- Guidance on chronic disease care and nutrition.
- Basic assistive support provided where possible.
- Ensured care and dignity for beneficiaries



7. Youth Awareness Programme: “Say No to Addiction” Pledge

- Awareness sessions in **Trichy, Mandurai and Erode.**
- Campaign against drugs, alcohol and tobacco use.
- Student pledge programmes and motivational sessions.
- Encouraged healthy lifestyle and positive engagement.



THANK

YOU

